

Additional Resources You May Qualify For

Your family's monthly income may qualify you for free or low-cost services.

BASIC FOOD PROGRAM

- ◆ Helps low-income individuals and families have a more nutritious diet by adding Basic Food benefits to your household's income. Eligibility is based on income, family size and citizenship status.

ENERGY & UTILITY ASSISTANCE

- ◆ Low Income Home Energy Assistance Program (LIHEAP) helps low income households, primarily in meeting their immediate home energy needs. City of Seattle customers can call 206-296-4841 for assistance. If you live outside of Seattle please call 1-800-348-7144 to schedule an appointment.

CITY OF SEATTLE RATE 27 PROGRAM

- ◆ This program reduces your utility rates for income eligible households by 50% on your Seattle City Light bill. This program is for homeowners and renters. Clients living in federally subsidized housing are not eligible.

WORKING CONNECTIONS CHILD CARE PROGRAM

- ◆ This program helps working families pay for childcare expenses.

CITY OF SEATTLE COMPREHENSIVE CHILD CARE PROGRAM

- ◆ This program helps low-and moderate-income working families pay for childcare. Clients must live within the Seattle city limits.



Community Health Access Program

Monday – Friday
8:00am to 5:00pm
(Interpreters and
TTY are available)

1-800-756-5437

Public Health Seattle & King County
Access and Outreach
401 5th Ave, Suite 1000
Seattle, WA 98104
Phone. 1 (800) 756-5437
Fax. (206) 296-0881



Community Health Access Program



1-800-756-5437

Visit us at:

www.kingcounty.gov/health/access

Need help finding affordable...

- Healthcare or insurance
- Health-screening services
- Dental clinics
- Doctors, prenatal care, midwives or nurses
- Clinics with sliding fees
- Support services

Have questions about...

- Free or low cost health insurance
- Medicaid
- Children's Health Program
- Child development
- Maternity Care
- other Health concerns?

We can help!

Our services are free and
confidential

BREAST, CERVICAL & COLON HEALTH PROGRAM (BCCHP)

Your best protection is early detection.



For women who:

- Are age 40-64
- Have limited income
- Have no health insurance or limited insurance
- Are under age 40 with a breast lump

You may be eligible for free or low-cost women's health exam with a mammogram and pap test.

Men and women may be eligible for a free or low-cost colon health exam if they meet the requirements below:

- Are age 50-64
- Reside in King County or clallam County
- Uninsured or Under insured (deductible over \$500)
- Do not have a Gastroenterology disease

Family Size	Monthly Income	Annual Income
1	\$2,269	\$27,225
2	\$3,065	\$36,775
3	\$3,861	\$46,325
4	\$4,657	\$55,875

For each additional family member, add \$796

Income limits are valid through July 1, 2011 to June 30, 2012

Your children may qualify for FREE OR LOW-COST HEALTH INSURANCE

Washington Apple Health for Kids open doors to healthy futures with:

- Doctors and nurse visits
- Hospital care
- Prescriptions
- Eyeglasses, dental, physical therapy, conseling and more!

If you family's monthly income is at or below the following standards, your children may qualify.



Total Number in Family (Including yourself)	Monthly Income Limit for Free Coverage	Monthly Income Limit for Monthly Premium Coverage*
1	\$1,815	\$2,723
2	\$2,452	\$3,678
3	\$3,089	\$4,633
4	\$3,725	\$5,588
5	\$4,362	\$6,543
6	\$4,999	\$7,498
For each additional family member add:	\$637	
*Premium amount will vary		

INFANTS & CHILDREN

Are busy learners . . . and growth is important at each stage of development!

If your child has trouble:

- Talking
- Walking
- Seeing
- Hearing
- Following Directions



Call us for more information about Family Resource Coordination or about services for children 0-3.

A Family Resource Coordinator can give you information about how children from birth to three years old grow and develop, and can help if you have a concern.

A Family Resource Coordinator can:

- Connect your child to developmental screenings
- Determine if your child has a developmental delay
- Coordinate early intervention services

There is no charge for assistance from a Family Resource Coordinator.

PREGNANT ?

Need health insurance or prenatal care?

If you are pregnant, you want to ensure you and your baby are healthy.

We can help you:

- Find a doctor
- Find midwife or nurse
- Apply for health insurance
- Find pregnancy testing
- Prenatal care or maternity support services
- Find family planning or birth control information



Family Size	Monthly Income Limits
1	*
2	2268
3	2857
4	3446

For each additional family member add: \$589

- A pregnant woman counts as a family size of two. Certain expenses can be deducted, so families who earn more than this may still qualify. Please call us to discuss your personal situation.

We can connect you with support services such as Women, Infant and Children's (WIC) nutrition or counseling programs.